

How Can You Fight Hunger?



Greater Cleveland
Food Bank

This is a tool to help you figure out how you can help! The Greater Cleveland Food Bank is the community's food bank, so we rely on everyone to fight hunger in our area. Follow the steps below to find out how you can help.

Step 1: Think about different populations who may suffer from food insecurity in your community and why they do not have enough to eat. Make a list of these populations below. Some examples are already provided.

Children-

Low wage workers-

Step 2: Select one specific population from your list above: _____

Step 3: Find out more.

- How can I help this population? Is there anything else I need to research before I make a plan to help?

- What resources can I use to further research into this population?

(Hint: The Greater Cleveland Food Bank has access to research that may help you!)

Step 4: Plan for Action.

- To take action and raise awareness in my community, I will...

Do what?	By when?	Who Can Help Me?