



Hearty Oatmeal Pancakes

SERVES: 3 - 4

PREP TIME: 5 min.

COOK TIME: 10 min.

Ingredients:

2 cups rolled oats

2 cups plain yogurt

2 eggs

¼ cup canola oil

½ cup flour

2 Tablespoons sugar

1 teaspoon baking powder

1 teaspoon baking soda

½ teaspoon ground cinnamon

¼ teaspoon salt

Directions:

1. The night before using, mix together in a large bowl rolled oats and yogurt. Cover and refrigerate overnight.
2. In the morning, stir eggs and oil into oat mixture.
3. In a small bowl mix together flour and remaining ingredients. Then add to batter and mix.
4. Spoon batter and cook in a hot, greased fry pan.
5. Enjoy!

Source: Simply in Season by Naomi Fast, Susan Miller Huyard, and Bonita Suter